

Newsletter #1

MAY 2019

LAUNCH OF COSMIC

A project to support migrant informal carers

The Erasmus+ funded “COSMIC” is an European initiative aiming to support the migrant carers a target group which is at double risk of exclusion, discrimination and stigmatization: that of informal carers of migrant background.

Migrant carers in common with carers more generally, work tirelessly in support of those they care for, often without recognition and to the detriment of their own health and well-being. On a different note, this target group experience unique challenges in accessing support services, and their rights are not yet fully recognized as carers and as a consequence of this the run a higher risk of social exclusion.

Through various steps, the project will design, produce and test by developing and testing methods and tools through which increased recognition and self-identification, support access to available services and improving the attention to cultural diversity in existing services will be achieved:

1. An awareness rising package for carers with migrant backgrounds which will support self-recognition of migrant informal carers.
2. An informative pack for migrant communities which will raise awareness among migrant communities on the challenges faced by carers.
3. A face-to-face training package for professionals, which will be piloted at local level.
4. An online course for professionals working in partner countries which will strengthen their skills of reaching out, working in partnership, supporting and empowering informal carers from migrant communities.



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The partnership

The programme is co-ordinated by **PÅRØRENDEALLIANSEN** from **NORWAY**, and delivered in partnership with 4 European partners **ANS** and **ASSOCIAZIONE C'ENTRO** from **ITALY**, **KMOP** from **GREECE** and the **UNIVERSITY OF LJUBLJANA** from **SLOVENIA**.

“Carers with migrant backgrounds face in fact a “double disadvantage” or “double fragility”, with their rights not yet fully recognized as carers, and with a higher risk of social exclusion as migrants.”

WEB-PLATFORM ONLINE

The place where you will find all project results

We are pleased to launch the new project website <https://cosmicproject.eu/>.

The web platform will host all the results expected by the project and make them available to the public:

1. An awareness rising package for carers with migrant backgrounds which will support self-recognition of migrant informal carers.
2. An informative pack for migrant communities which will raise awareness among migrant communities on the challenges faced by carers.
3. A face-to-face training package for professionals, which will be piloted at local level.

4. An online course for professionals working in partner countries which will strengthen their skills of reaching out, working in partnership, supporting and empowering informal carers from migrant communities.

The web-platform will also feature news, blogs, project's findings and updates, such as dissemination material, reports, policy briefs as well as opportunities for collaboration, e.g. events announcements, workshops and face to face training sessions.

The website is in English, but thanks to the embedding of an automatic translator it is accessible also by non-English speakers.



image: Freepik.com

1st project meeting

The 1st partnership meeting was held in Carpi, Italy on the 10th and 11th of January 2019, hosted by the Italian partner ANS.

The meeting was an opportunity for project partners to get to know each other, learn more about the respective national contexts and agree on the upcoming tasks foreseen by the work plan.

The next meeting will take place in June in Athens, thanks to the hospitality of KMOP.