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PRESS RELEASE

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COSMIC PROJECT WEBSITE LAUNCH:

MIGRANT CARERS: SOLUTIONS FOR COUNTERING EXCLUSION AND DISCRIMINATION

The Erasmus+ funded "COSMIC" programme is pleased to launch its new website <https://cosmicproject.eu/>. The webplatform will deliver the results of the 2 year pan-European initiative aiming to support the migrant carers a target group which is at double risk of exclusion, discrimination and stigmatization: that of informal carers of migrant background.

Migrant carers in common with carers more generally, work tirelessly in support of those they care for, often without recognition and to the detriment of their own health and well-being. On a different note, this target group experience unique challenges in accessing support services, and their rights are not yet fully recognized as carers and as a consequence of this they run a higher risk of social exclusion.

Through various steps, the project will design, produce and test by developing and testing methods and tools through which increased recognition and self-identification, support access to available services and improving the attention to cultural diversity in existing services will be achieved:

1. An awareness rising package for carers with migrant backgrounds which will support self-recognition of migrant informal carers.
2. An informative pack for migrant communities which will raise awareness among migrant communities on the challenges faced by carers.
3. A face-to-face training package for professionals, which will be piloted at local level.
4. An online course for professionals working in partner countries which will strengthen their skills of reaching out, working in partnership, supporting and empowering informal carers from migrant communities.

The web-platform will feature news, blogs, project's findings and updates, such as reports, policy briefs as well as opportunities for collaboration, e.g. events announcements, workshops and face to face training sessions.



The focus of the project and the expected result is to support access to available services and investigate phenomenon the existing cultural in this area in countries such as Norway, Italy, Greece and Slovenia where the topic is still under-explored and under-developed.

The programme, currently in its first phase, is co-ordinated by Pårørendealliansen (PAN) (Project coordinator) Norway, and delivered in partnership with 4 European partners, namely Anziani e non solo società cooperativa sociale Italy KMOP – KENTRO MERIMNAS OIKOGENEIAS KAI PAIDIOU Greece Associazione C'ENTRO Italy University of Ljubljana Slovenia.

NOTES TO EDITORS

- To find out more about the COSMIC Programme and to get involved in the activities please follow the link <https://cosmicproject.eu/about-the-project/>
- COSMIC is co-funded by the European Commission under the Grant Agreement: 2018-1-NO01-KA204-038801



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